

Qualifying Hospice Guidelines for Heart Disease



Heart Disease:

Data from **both** 1 & 2 should be present to qualify for hospice care

1. Patient has been optimally treated for heart disease. If not on vasodilator pt has a medical reason for refusing these drugs: (hypotension or renal disease)
 Patient not a candidate for surgical procedure **OR**
 Patient declines surgical procedure
2. Patient should meet criteria for NYHA Class IV. Significant CHF may be documented by an ejection fraction of $\leq 20\%$ but not required if not readily available

NYHA Functional Class

- | | |
|--|---|
| <input type="checkbox"/> Class IV
(Severe) | Unable to carry out any physical activity without discomfort. Symptoms of cardiac insufficiency at rest. If any physical activity is undertaken, discomfort is increased. |
| <input type="checkbox"/> Class III
(Moderate) | Marked limitation of physical activity. Comfortable at rest, but less than ordinary activity causes fatigue, palpitation or dyspnea (shortness of breath). |
| <input type="checkbox"/> Class II
(Mild) | Slight limitation of physical activity. Comfortable at rest, but ordinary physical activity results in fatigue, palpitation or dyspnea. |
| <input type="checkbox"/> Class I
(Mild) | No limitation of physical activity. Ordinary physical activity does not cause undue fatigue, palpitation or dyspnea. |

Supporting data (not required)

- Tx resistant symptomatic supraventricular or ventricular arrhythmias
- Hx of cardiac arrest or resuscitation
- Hx of unexplained syncope
- Brain embolism of cardiac origin
- Concomitant HIV disease

Karnofsky Status – Pick one value (status of 70% or less required)

Moribund / imminent death	10 _____
Very sick / active supportive tx	20 _____
Severely disabled / req close monitoring	30 _____
Disabled / req special care / assistance	40 _____
Req much assistance / freq med care	50 _____
Req occasional assist / self care most ADL	60 _____
Self Care ADL's / limited activity	70 _____
Normal activity with effort / S&S of dx	80 _____
Normal activity / minor S&S of dx	90 _____
No evidence of dx	100 _____

Palliative Performance Score – (Poor functional status at or below 70%)

Totally bed bound / unable to do any activity; intake: mouth care only; drowsy or coma	10 _____
Totally bed bound / unable to do any activity; intake: minimal to sips; full or drowsy	20 _____
Totally bed bound / unable to do any activity; intake: normal / reduced; full or drowsy	30 _____
Mainly in bed / unable to do most activity mainly assist; intake: normal / reduced; full or drowsy	40 _____
Mainly sit / lie / unable to do any work; considerable assistance req; intake: normal / reduced; full or confusion	50 _____
Activity unable hobby / housework; req occasional assistance; intake: normal / reduced; full consciousness / confusion	60 _____
Unable to do normal job / work; indep. care; intake: normal / reduced; full consciousness	70 _____
Full / normal activity with effort; indep. care; intake: normal; full consciousness	80 _____
Full / normal activity and work; indep. care; intake: normal; full consciousness	90 _____
Full / normal activity and work; indep. care; intake: normal; full consciousness	100 _____

Karnofsky Status (<70%) _____

Palliative Performance Score (<70%) _____