

# Qualifying Hospice Guidelines for HIV



Terminal stage will be considered if at least lab test plus **one** HIV co-morbidity and a Karnofsky Performance Status (KPS) of less than or equal to 50% (See back for Karnofsky Status).

## Lab Tests:

- CD4+ <25 cells/mcl **OR**
- Persistent viral load >100,000 copies/ml (2 or more assays at least one month apart)

## HIV co-morbidities:

- CNS lymphoma
- Untreated (or persistent despite tx) wasting (loss of at least 10% lean body mass)
- Mycobacterium avium complex (MAC) bacteremia untreated/unresponsive to tx
- Progressive multifocal leukoencephalopathy
- Systemic lymphoma w/ advanced HIV disease & partial response to chemotherapy
- Visceral Kaposi's sarcoma unresponsive to therapy
- Renal failure in the absence of dialysis
- Cryptosporidium infection
- Toxoplasmosis unresponsive to therapy

## Supporting factors for hospice eligibility

- |  |                          |  |                          |
|--|--------------------------|--|--------------------------|
| Chronic persistent diarrhea for 1 year | <input type="checkbox"/> | Absence of or resistance to effective antiretroviral, chemotherapeutic and prophylactic drug therapy related to HIV dx | <input type="checkbox"/> |
| Persistent serum albumin <2.5          | <input type="checkbox"/> | Advanced AIDS dementia complex   | <input type="checkbox"/> |
| Concomitant, active substance abuse    | <input type="checkbox"/> | Toxoplasmosis  | <input type="checkbox"/> |
| Age >50 years                          | <input type="checkbox"/> | CHF, symptomatic at rest   | <input type="checkbox"/> |
| Advanced liver disease                 | <input type="checkbox"/> |  |                          |

---

**Karnofsky Status – Pick one value (status of 50% or less required)**

---

Moribund / imminent death	10 _____
Very sick / active supportive tx	20 _____
Severely disables / req close monitoring	30 _____
Disabled / req special care /assistance	40 _____
Req much assistance / freq med care	50 _____
Req occasional assist / self care most ADL	60 _____
Self Care ADL's / limited activity	70 _____
Normal activity with effort / S&S of dx	80 _____
Normal activity / minor S&S of dx	90 _____
No evidence of dx	100 _____

---

**Palliative Performance Score – (Poor functional status at or below 70%)**

---

Totally bed bound / unable to do any activity; intake: mouth care only; drowsy or coma	10 _____
Totally bed bound / unable to do any activity; intake: minimal to sips; full or drowsy	20 _____
Totally bed bound / unable to do any activity; intake: normal / reduced; full or drowsy	30 _____
Mainly in bed / unable to do most activity mainly assist; intake: normal / reduced; full or drowsy	40 _____
Mainly sit / lie / unable to do any work; considerable assistance req; intake: normal / reduced; full or confusion	50 _____
Activity unable hobby / housework; req occasional assistance; intake: normal / reduced; full consciousness / confusion	60 _____
Unable to do normal job / work; indep. care; intake: normal / reduced; full consciousness	70 _____
Full / normal activity with effort; indep. care; intake: normal; full consciousness	80 _____
Full / normal activity and work; indep. care; intake: normal; full consciousness	90 _____
Full / normal activity and work; indep. care; intake: normal; full consciousness	100 _____

Karnofsky Status (<70%) \_\_\_\_\_

Palliative Performance Score (<70%) \_\_\_\_\_